





e-learning

## **Unconscious Biases**

Every day you make thousands of decisions. Your subconscious mind makes most of these decisions for you. It reaches a pre-judged conclusion without you noticing. Our brain's rules of thumb help us quickly assess a situation and make unharmful decisions.

**Booking Number: 31367** 

Group of participants:

Professionals, experts and project managers who want to win over people in the company but do not have formal authority to issue directives.

Duration: approx. 1,5 hours

Language: 💻 🚟

.....

Unit price:

€ 49,- zzgl. MwSt. | € 58,31 inkl. MwSt.

Package prices from 50 licenses on request

## **Learning objectives**

- You know what unconscious biases are and how to describe them.
- You are aware of your own unconscious biases and can recognise situations in which you increasingly encounter them.
- You can apply techniques that help you to counter your unconscious biases.

## **Contents**

Unconscious biases in general

Familiarity bias

Herd instinct (social proof)

Confirmation bias

Loss aversion

Gender bias